

# Demystifying Mental Health Support Roles in Schools



*If you've ever been confused about the difference between a School Counselor, a Social Worker and a Clinical Social Worker, we're here to help! TinyEYE can provide your school with Mental Health Specialists that align with your student's needs, and we want to make sure that together, we can find you the exact support needed to help your students thrive! The best part is, we offer these services to parents and school staff as well. A healthy and happy school is a successful one!*





# Who does what?

## School Counselor

The school counselor focuses on designing and implementing a school counseling program that will help students build academic competencies, develop life skills and guide social skills. The counselor's role may include creating academic schedules and administering tests, especially standardized tests, to students, and helping high school students plan and prepare for their post-school futures. The school counselor also helps guide students through challenges like family problems, peer pressure and personal challenges that may interfere with their ability to accomplish their academic goals.

School counsellors are expected to write letters, memos, and emails daily. They must also be able to converse professionally with students, coworkers, and superiors. Counsellors must be able to identify student's strengths and weaknesses to develop solutions and action plans to promote student success.



Counsellors can assist with:

- Listening to students' concerns about academic, emotional, or social problems.
- Helping students process their problems, plan goals and actions.
- Mediation of conflict between students and teachers.
- Improving parent/teacher relationships.
- Assisting with college, job, and scholarship applications.
- Facilitating drug and alcohol prevention programs.
- Organizing peer counseling programs.
- Referring students to psychologists and other mental health resources.
- Working on academic boards to improve learning conditions.

## Social Worker

School social workers focus on any issues that arise which may interfere or hinder student academic progress, whether related to school life or life outside the school setting. For instance, many students have needs that a teacher may not have the training to handle. Those needs may include health concerns, financial issues, or family trauma. The children dealing with such difficulties may have a hard time succeeding in school academically or behaviorally, and school social workers provide valuable support and services to help those students.





School social workers may provide students with crisis intervention or assist them with developing appropriate social interaction skills or anger management. Social workers may also help teachers better understand the family or cultural issues influencing a child's behavior or performance, or they may help teachers with assessing students who have mental health concerns or behavior management issues. School social workers may also work directly with parents and families, such as helping parents access community resources or helping parents facilitate their children's adjustment to school.

Social Workers and Clinical Social Workers can assist with:

- Identifying those in need.
- Helping people of all life stages cope with and solve everyday problems.
- Advocating for and developing plans to improve students' well-being.
- Researching and referring students and parents to community resources.
- Working with individuals, families, or groups.
- Responding to students/parents/teachers in crisis situations.
- Working in a variety of public and private organizations.
- Observe student behavior, assess needs, and create treatment/intervention strategies.
- Develop and put treatment/intervention plans in place.
- Consult with doctors, therapists, and medical professionals.
- Administer social service programs.
- Instruct student's families during treatment.

Additionally, Clinical Social Workers can diagnose psychological, behavioral, and emotional disorders.





## ***Do you still have questions?***

***Our team of experts would be thrilled to assist you with any questions you may have, as well as helping you build the best team of therapists for your student's needs!***

***Email [Partnerships@TinyEYE.com](mailto:Partnerships@TinyEYE.com) to set a time to speak with one of our experts at your convenience or call 877-846-9393.***

